



# Liberty Elementary

## October 2019 Newsletter

### *From the Principal...*

Dear Parents and Guardians,

Fall is officially upon us. The weather has been wetter than usual, phone lines have been in and out of service, and beeping noises nearly drove us crazy, but that didn't prevent us from having a successful start to the 2019/20 school year!

Thank you, parents/guardians for your support and extra patience dropping off and picking up your child/ren each day using our new loop. I appreciate your patience as we tweak the routines and procedures for using it. Thank you also to our amazing teachers and support staff at Liberty who have worked (and continue to work) many hours preparing engaging, standards-based lessons.

I want to thank, Amy Huskey, who again this year organized and has been running Mileage Club! She not only funded the cards kids carry with them, chains, the tally app, and charms, but she also created the boards to hold the cards! Also, last spring she worked diligently to procure donations from local businesses to support this and other wellness programs. We also have a regular group of volunteers who are out there scanning cards on the EZ Tally app as students complete each lap. So far we have had great participation each Monday, Wednesday and Friday at lunch recesses, with students completing over 500 miles as a school! Students are having a great time being active and setting goals!

New this year, the Parent Club will offer parent Wellness Education Series presentations from local health providers. This month's topic is "sleep" and will be presented by Nicholas Gaffney of Samaritan's Sleep Center on Thursday, October third from 5:00 - 6:00 pm in the cafeteria. He will discuss sleep's impact on a child's immune system, mood and mental health, ability to learn, sleep routine, and hygiene. Thank you, Amy Huskey and Rebecca Summers, for making these educational opportunities possible!

Lap-a-Thon took place last Thursday, September 26th. With the generous support from families and friends, students brought in over fifteen thousand dollars, which exceeds last year's total of fourteen thousand! With these funds the Parent Club will be able to help pay for Coding instruction, Accelerated Reading, teacher classroom funds, evening activities like family movie night and the school carnival, and much more. This fundraiser would not have happened without our amazing volunteers and Parent Club officers- Thank you very much! Liberty staff and students are very fortunate to have such an outstanding Parent Club! Interested in getting involved? Come to any meeting the second Tuesday of each month at 6:30pm.

Parent/Teacher conferences are October 23rd and 24th. This is an important opportunity to meet with your child's teacher to see where your child is academically as well as socially, and how you can support them at home. I want to thank you in advance for attending and being an essential part of your child's school team!

Happy October!

Tracy

### Liberty Elementary

2345 Liberty St. SW

Albany, OR 97321

541-967-4578

### Important Dates

#### October

- 1 Vision Screening—10:10am
- 2 **EARLY RELEASE—2:25PM**
- 3 PTC Family Wellness Education Series (Importance of Sleep for children" - 5-6pm in the Cafeteria
- 7 2018-19 Free & Reduced Eligibility expiration
- 8 Mr. Nazarian's class field trip to Andrew Wiley Park—9-2 Volunteer Training—6:15pm PTC Meeting—6:30pm
- 9 **EARLY RELEASE—2:25PM**
- 11 **NO SCHOOL**
- 15 Bus evacuation drill
- 16 **EARLY RELEASE—2:25PM**
- 17 AR Deadline
- 18 **NO SCHOOL**
- 19 Nature Club—10am at Takena Landing
- 21 Picture Day
- 23 **EARLY RELEASE—2:25PM**  
Last day of Mileage Club
- 24 **NO SCHOOL/CONFERENCES**
- 25 **NO SCHOOL/CONFERENCES**
- 30 **EARLY RELEASE—2:25PM**
- 31 Halloween parade & parties



#### Staff e-mail:

first.lastname@albany.k12.or.us

#### Office Hours

8am-4pm

#### School Hours

8:50am-3:25pm Grades K-5

#### Wednesday Early Release

8:50am-2:25pm

## Before School Reminder

We want to make sure parents know that our doors don't open until 8:35am every morning. That is when supervision begins and kids can eat breakfast if they need to. Children being dropped off earlier than 8:35am will have to wait outside until it's time to come in.



## Pick Up/Drop Off Loop

Our new pick up/drop off loop and parking lot is a nice addition to our school. The hope is that it will help with making those busy times of day the safest and smoothest possible. We need parent help with making this work for everyone. If you want to pick up your child from school please follow these guidelines for the safety of our kids:

- ~ Use the loop or 15 minute parking spaces only.
- ~ Do not park in the loop before it is time for pick up.
- ~ Keep traffic flowing. It is not legal to stop traffic flow on the street. Driving around the block or parking on the street and walking up is the safer choice.
- ~ Please never pass other cars on the street.

*Thank you for your help!*

## Conferences

Liberty's Parent/Teacher Conferences are coming up! Your child's teacher will be setting up a conference time with you if you have not already signed up. Conferences will be held October 23rd, 4:30-7:30pm, and the 24th from 8am-4pm.

## Picture Day

ALL Liberty students will have their pictures taken on **October 21st**. These photos will be included in our yearbook, which will be available online. Paper order forms will be available in April. Picture packets will be sent home with your student closer to picture day and extra packets will be available in the office. You may also go online <http://mylifetouch.com> to order. The Liberty Picture Day ID is: FO569155Y0.



## Halloween Activities

On Thursday, October 31st, activities for Halloween at Liberty include:

- Parade in their costumes at 2:35pm
- Class parties will follow the parade

Students may wear costumes to school, but hats and masks may only be worn for the parade. Character education is a very important part of Liberty's curriculum please be sure to choose an appropriate costume. No make up, swords, knives, or guns.

If supplying treats, please check with your child's classroom teacher for student allergies. Food needs to be store bought items only.

Please check in at the office if you are wanting to be a part of the festivities. Siblings may only attend with a parent present.

## Vision Screening

On **Tuesday, October 1st**, Kindergarten through 5th grade will have their vision screened by the Lion's Club at no charge. **Students that wear glasses need to be sure to bring them to this vision screening.** As a reminder, students that are 7 years of age or younger are now required to have a vision screening certification on file at the school. This will be a good opportunity to meet this state requirement if not already done. We need 1 parent volunteer for this day. Contact- [tara.thompson@albany.k12.or.us](mailto:tara.thompson@albany.k12.or.us).

## From PTC



Liberty's main fundraiser every year is the annual Lap-A-Thon. This is a really fun opportunity for kids to raise money for their school, earn prizes and get some exercise. 100% of the money earned goes straight to PTC, which funds field trips, assemblies, school improvement projects, family events and more. Liberty earned over \$15,000! Thank you to all of the donations as well as all the families that came out to exercise with their kids!

PTC is introducing to Liberty a Family Wellness Education Series. The first presentation is on the importance of sleep for children. Guest speaker, Nicholas Gaffney, from Samaritan's Sleep Center, will be talking about the impact of sleep on children as well as sleep routines. Please join us in the Liberty cafeteria on October 3rd from 5-6pm. Children are welcome to attend. Snack provided.

PTC Board:

President, Jenissa Phillips  
[jenissa.phillips@yahoo.com](mailto:jenissa.phillips@yahoo.com)

Vice-President, Tichelle Staten

Treasurer, Jana Pierce  
[janapierce@gmail.com](mailto:janapierce@gmail.com)

Secretary, Stephani Simon  
[chrisandstephani@comcast.net](mailto:chrisandstephani@comcast.net)

**PTC Meetings every second Tuesday at 6:30pm in the Cafeteria:**



*Picture Day!*

## Attendance

It is so important that your child has excellent attendance. Students can fall behind if they miss just a day or two every few weeks, or as little as ten days a year. In addition, being late can lead to poor attendance as well. A few tips to make sure your child has excellent attendance:

- ~ Set a regular bedtime and morning routine. Remember, bedtime is different than sleep time – no phones, TVs, video games, etc.
- ~ Make bedtime a positive routine. It is an excellent time to read together and unwind.
- ~ Schedule doctor's appointments after school hours when possible and minimize the time away from school for appointments during the school day.
- ~ Keep an accurate calendar that shows school breaks. Plan family vacations when school is not in session. State law does not count family vacation as a legitimate reason for missing school.

We're off to a great start for the school year! Your support is much appreciated!

**A CHILD SHOULD NOT COME TO SCHOOL ,AND MAY BE SENT HOME FROM SCHOOL ,WHEN ONE OR MORE OF THE FOLLOWING CONDITIONS EXIST:**

**(These children must stay home for 24 hours after condition has ended.)**

1. **Temperature at or above 100.5° F without medicine**
2. **Throat: Sore, red, painful or pustules on back of throat**
3. **Runny Nose: If discharge is yellow or green and thick**
4. **Eyes: Severe pain or discharge**
5. **Diarrhea: Watery, frequent, green**
6. **Vomiting: Within the last 24 hours**
7. **Behavior: Listless, cranky, and very tired children who are suspected of illness**

### **RASHES AND SKIN CONDITIONS:**

Children may get heat rashes, allergy rashes, etc. and these are no problem to other children. Most rashes that can spread disease to other children have a fever first. Anytime there is a rash with fever, the child should see a doctor. If there is no fever, discuss possible source with parent/teacher. If there is a concern that the child may be ill with an infections disease, exclude from school until seen by a doctor. Some rashes may indicate a possible infection such as meningitis or measles.



## **Medication Administration Guidelines for Parents:**



- **A parent or guardian must bring in both prescription and non-prescription medication to the office,** and fill out paperwork, in order for office staff to administer medication. **Students should not be sent with medication to school.**
- Non-prescription medication (including cough drops) must be brought in by a parent/guardian in the original packaging. Staff must follow the directions on the label for administration to students.
- Prescription medication must be in the original container with the prescription, child's name, doctor, and directions on the label. Staff will follow the directions on the label.
- School staff are not authorized to administer the first dose of any new medication.



### **Mileage Club**

Since September 16th students have had the option to participate in Mileage Club here at Liberty Mondays, Wednesdays and Fridays during their lunch recess. Kids have a chance to earn prizes aligning with how many laps they run. In addition to cool prizes, they also earn a "toe token" charm. There will be an ice-cream party for students who participate 10 or more times. A huge thank you to Amy Huskey for organizing, purchasing, and volunteering so much time! Also, we thank all the volunteers who help out every week. Keep running! In addition to Mileage Club at school, families can participate in Family Mileage Club on Sundays from 4-4:30pm on the Liberty playground.

### **Nature Club**

Liberty's new "Nature Club" had a great first meeting! Kids and their parents met up with Mr. and Mrs. Nazarian at Bowman park to pick up trash. It was a fun day by the river while making a community park nicer for everyone! We hope to see more families at future hikes and events. The next date on the calendar is a hike on October 19th at 10am at Takena Landing. Join us for a stroll along the river!

